

Tami Dee García

CULTURAL HERITAGE RECONNECTION COACH | SPEAKER | AUTHOR | PODCAST HOST



Short Bio

Tami Dee García, MBA, is a Cultural Heritage Reconnection Coach, speaker, author, and host of *Roots Renewed*. Drawing on her own experience reconnecting with her Dominican and Jamaican heritage and raising her Ethiopian daughter to be proud of her culture, she helps people build, rebuild, strengthen, or deepen their relationship with their cultural heritage and decide what that connection means in their lives now. She is the author of *Rediscovering Your Roots*, which reached #1 in an Amazon category, and creator of Heritage Fragments and the Heritage Fragments Framework™. She brings more than 30 years of work with youth, families, asylees, refugees, immigrant communities, and multicultural families.