

Tami Dee García

CULTURAL HERITAGE RECONNECTION COACH | SPEAKER | AUTHOR | PODCAST HOST



Full Bio

Tami Dee García, MBA, is a Cultural Heritage Reconnection Coach, speaker, author, and host of *Roots Renewed*. Her work grew from a deeply personal experience: growing up knowing very little about her Dominican and Jamaican heritage, wanting to know more, and having few resources or guides to show her how to reconnect.

As a young adult, Tami began finding her own way. She researched, asked questions, moved closer to extended family and a larger Caribbean community, and worked within the Dominican community. Long before Heritage Reconnection became her professional work, she was already learning that knowing where you come from and having a meaningful relationship with that heritage are not always the same thing.

More than a decade later, becoming the mother of an Ethiopian daughter gave that experience new urgency. Tami knew what it felt like to want greater access to her own heritage, and she wanted her daughter to grow up knowing where she came from, experiencing her culture, and feeling proud of who she was.

As Tami spoke with people from many backgrounds, she realized how common the challenge was. Some were trying to reconnect with parts of their own heritage. Others were trying to give their children cultural connections they themselves had struggled to access. The resources were often scattered, difficult to find, or focused on discovery without answering the next question: What do I do with what I now know? That question became the foundation of Tami's professional work in Heritage Reconnection.

Tami brings more than 30 years of experience across education, nonprofit leadership, corporate environments, consulting, and entrepreneurship. She founded UrbanLEARN, which offered youth workforce development and business mentoring programs, and Mully Lingua, which offered cultural learning for youth and families. She holds a BBA from Howard University and an MBA from Case Western Reserve University's Weatherhead School of Management. She has presented to audiences including the Oral History Association, the East Coast Genetic Genealogy Conference, the Afro-American Historical and Genealogical Society, and the We Thrive Summit.

Today, Tami creates language, tools, conversations, and experiences around cultural heritage reconnection, identity, and legacy. She is the author of *Rediscovering Your Roots: A Guide to Reconnecting with Your Cultural Heritage and Identity*, which reached #1 in an Amazon category, creator of the Heritage Fragments concept and Heritage Fragments Framework™, and host of *Roots Renewed*, a podcast exploring the many ways people reconnect with cultural heritage and the people whose work helps others do the same.

As Tami often says, "Your cultural heritage is yours, no matter how little or how much you know, how large or small your DNA. It's your birthright, your story, and no one can take it from you."